

BACK
TO
COLLEGE
EDITION

TRAVEL

GET AN A IN TRANSIT

HOW DO YOU PAY tuition, buy cool threads—and still have enough left over to get home for the holidays? Fortunately, student discounts abound on trains, buses and airlines. A Student Advantage Card (\$20 at studentadvantage.com) guarantees a 15 percent discount on Amtrak and Greyhound trips—excluding Acela and Metroliner service. Greyhound's CampusLink program gives Boston students the option of traveling round trip to various Northeast destinations for as little as \$55. For those going to school outside the Northeast, Air Tran's X-Fares (airtran.com) let students travel standby to any destination for as little as \$55 per leg. And Web sites like studentuniverse.com find low fares on commercial airlines for student and leisure travelers. With just a flash of a student ID, young scholars can travel in style without breaking the bank.

—CLAIRE SULMERS



HEALTHY BATTLE THE B

PACKING freshman require seven ways to fig healthy snacks li to stave off junk-tions. **2.** Though is appealing, wal **3.** Drink water b It'll limit the calo hangover). **4.** Ka munchies, like sa chips, in your roo faster than the de **5.** Thwart postp by preparing wh before heading o with a campus n you're concerned weight. **7.** Avoid They're about as J. Lo's marriages

HOW TO PIMP OUT YOUR

Deciding what to take to college can be as challenging as organic chem. So visit these shops for



one-stop dorm de **n-Things** (int.com) just bedding, this s your bath, snack a needs (a.k.a. the T and prefab rooms f ratively challenged **Beyond** (bedbaths.com): The "Surviv tion offers everythi recipes to expert g store even ships to on a date you assig packed sedan with **The Container St** (containerstore.com) this site for stackir storage cubes—an fore you go" to-do cleaned your room

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RCA RS2035 STEREO: Small spaces don't need big systems, and with this model your ears won't know the difference. \$80, rca.com



HIPTIP

Visit your school health center to find out about free flu vaccination. Remember, Mom won't be around to nurse you back to health.

